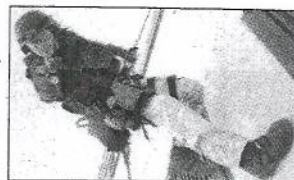


WatchList



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YOU SHOULD BE TRACKING



the Week
Dripping into night make it look about as if you're in gear this year, but it's a warmer plan ahead — the advantage of a discount for Military members from Grey Group Training. From Sept. 1 to Sept. 13, you can get 15% off the tactical version of the highly technical Arc'teryx Atom LT insulated jacket. Use the promotion code "gearscout" at grouptraining.com. The jacket, in black, teal and crocodile, retails

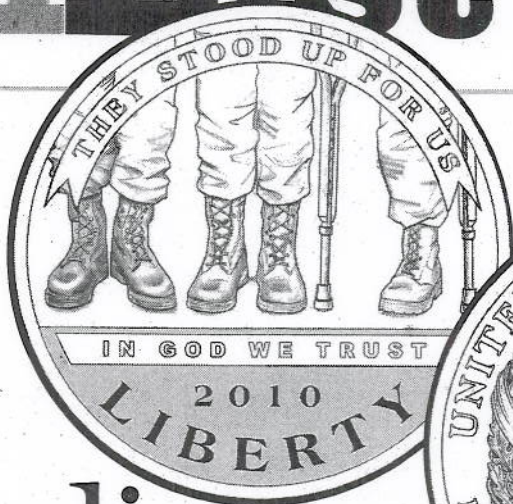


fer
You could ever be said to suck you in, [ian.org](http://www.ian.org) is it. Amazing high-angle panoramas allow you to zoom in on distant mountain peaks or a single person's expression in a huge crowd. It's like Superman's telescopic vision — and it's justly addictive.

Article in Time magazine challenges freedom with the provocative "Why Exercise Won't Make You Fat." Don't put away your running shoes quite yet. The article has ruffled feathers at the American College of Sports Medicine, which has a strongly worded news release. There is strong evidence from the scientific literature that physical activity is an important component of initial

History
For its coming series on World War II, the History Channel has restored rare footage from the war through advanced HD technology. "D-Day," narrated by Gary Sinise, will air in 10 parts. Check your local

over
Book by Mark Fondersmith/Staff. "The Story of Navy SEAL David Goggins by David Goggins/Staff." by Mark Rogers/Navy.



Funding memorial

Commemorative coin honors disabled vets

The nation is putting its money where its mouth is when it comes to honoring disabled veterans, who will be celebrated with a new silver dollar set for release in January.

A \$10 surcharge on sales of the collector's coin, dubbed the American Veterans Disabled for Life Commemorative Silver Dollar, will help build the first permanent memorial to disabled U.S. veterans.

"Not only will the coin forever be a reminder of the brave service men and women who risked, and continue to risk their lives, but each coin sold

will bring us one step closer to building a long overdue permanent tribute to disabled veterans," said Arthur Wilson, president of the Disabled Veterans' Life Memorial Foundation.

The coin's front side features the legs and boots of three veterans, including an amputee, and the inscription "They stood up for us." The reverse side features the words "Take This Moment to Honor Our Disabled Defenders of Freedom," surrounded by a ribbon-wrapped wreath of oak branches. A forget-me-not flower sits at the base.

The coins will be struck at the

U.S. Mint at West Point, N.Y. No more than 350,000 will be made. A final price has not been set.

Officials hope to break ground on the memorial at a site near the Capitol next year. The foundation has raised most of the money it needs but has set a goal for another \$5 million before groundbreaking can begin.

(But buyer beware: According to watchdog CharityNavigator.org, the organization spends 52 percent of its income on fundraising costs, and gives them a low efficiency rating.)

To learn more about the memorial, visit www.avdlm.org. □

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MilitaryTimes GEARSCOUT

Peak Oyl Elite sleeping pad

Most sleeping pads on the market seem to be variations of the same foam design. Pacific Outdoors differentiates its latest, the Peak Oyl Elite, by using different densities of foam, gel and air channels to maximize four-season warmth and comfort. The gel insulates better than foam but weighs a bit more. Even so, at 27 ounces, the regular-sized pad (20"x72"x1.5") is still among the lightest four-season pads available. Bonus points: The foam is made from palm oil, a more environmentally friendly material than petroleum-based foams. Coming in spring 2010 for \$115.



[NEWTTHISWEEK]

Political intrigue

The Battle for America 2008 by Dan Balz and Haynes Johnson steps back for a wide-angle perspective on the longest and most expensive presidential campaign in American history. Random House. List price: \$17



Russell Crowe is a Washington reporter investigating the murder of the mistress of an up-and-coming politician in **State of Play**, now on DVD. List price: \$29.98

Sam Tenehaus, editor of the New York Times Book Review, takes a sweeping look at the history of the conservative movement and proposes a strategy for its future in **The**

